

Winthrop Isshin Ryu Academy

[Gymnasium at Winthrop University, Rock Hill, SC 29733](#)

Thursday from 6:30 - 8:00 PM.

Contact: Sensei Jim Longwith at Longwith@comporium.net for additional information.



Master Jim Longwith (6th Dan)

Location/date of birth: Cookeville, Tennessee in 1960.

Date/Location/Instructor where Isshinryu training began: 1978 at Cleveland State Community College in Cleveland, Tennessee with Master J.C. Burris.

Date received Sho-Dan in Isshinryu karate: February 1985.

Date received present rank: Roku-Dan in August 2013.

Organizational support: Member of the IIKA since 1990 and AOKA since 1998.

Awards (Martial Arts): Nominated to the York County Sports Hall of Fame in 1999.

Profession: Plant Engineer and Production Manager.

Education: B.S. Mechanical Engineering from University of Tennessee-Chattanooga (1984).

Personal: Wife: Donna.

[Top](#)



Sensei Kathy Covington (4th Dan)

Location/date of birth: Greenwood, Mississippi on January 27, 1960.

Date/Location/Instructor where Isshinryu training began: 1984 at Winthrop University in Rock Hill, SC with Sensei Jim Longwith.

Date received Sho-Dan in Isshinryu karate: June 1990.

Date received present rank: San-Dan in December 2000.

Organizational support: Member of the IKA since 1990 and AOKA since 1998.

Awards (Martial Arts): Received AOKA Outstanding Female Instructor of the Year (2003).

Profession: Therapeutic Recreation, Rock Hill Parks, Recreation and Tourism Department.

Education: B.S. Education from Winthrop University (1982).

[Top](#)



Mr. Frank Stewart (3rd Dan)

Location/date of birth: Rock Hill, SC on April 21, 1953.

Date/Location/Instructor where Isshinryu training began: 1985 at Winthrop University in Rock Hill, SC with Sensei Jim Longwith.

Date received Sho-Dan in Isshinryu karate: August 28, 1997.

Date received present rank: Ni-Dan in December 8, 2000.

Organizational support: Member of the IKA since 1990 and AOKA since 1998.

Profession: Science Teacher.

Education: M.A. Science Teaching from Winthrop University (1985); B.S. Biology from University of South Carolina (1975).

Personal: Wife: Lynda. Children: Jeff, David, Lindsay.

[Top](#)



Sensei Steve Wise (3rd Dan)

Location/date of birth: West Palm Beach, Florida on September 3, 1961

Date/Location/Instructor where Isshinryu training began: 2000 at

Winthrop University in Rock Hill, SC with Sensei Jim Longwith

Date received present rank: San-Dan in August 2013.

Organizational support: Member of the IKA since 2004 and AOKA 2007

Profession: Maintenance Supervisor

Education: Trevecca Nazarene University (1981) and York Technical College (2000)

Personal: Wife: Shelia; Children: Amber and Stephanie

[Top](#)

